

FUNDAMENTAL PRINCIPLES OF HIFZ -AL SEHHAT SYSTEM IN ISLAM

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Abstract:

Introduction: Deep and comprehensive understanding of any science requires to have an insight and profound overview of the basics and fundamentals of the subject. Thorough presumptions and hypothesis of the targeted science is an inevitable part of the subject that is not attainable unless having fathomless, abysmal and clear picture from different pivotal aspects of that particular science. The health and the disease are two main keywords frequently used in medicine. Thereby, accurate perception and concept of the quiddity of the two terms and their basics, fundamentals and surrounding periphery are indeed significant in both therapy as well as the administration parties responsible for the aforementioned health and welfare affairs point of view.

Aim: what are the basics of Hifz -Al Sehhat in Islam? What principles does Hifz -Al Sehhat in Islam stand on? The principles of any science are based on its fundamentals and the fundamentals of the science are derived from its resources. The aim of this study is to understand basics and fundamentals of Islamic Hifz -Al Sehhat which are discussed in detail.

Method: This study is performed in order to discuss the basics and fundamentals of Hifz -Al Sehhat in Islam. It has been done using the study of pure Islamic resources and textbooks, Quran and Hadiths.

Conclusion: Basics and fundamentals of Hifz -Al Sehhat in Islam is based on human beings pure nature. Therefore, the modules and paradigms of Hifz -Al Sehhat are not hatred by anyone who bears the pure human nature. Furthermore, it is also based on public trust and responsibilities as well as the fact in priority of public interest versus self-interests, obligation paternity, belief in motivation creation of Hifz -Al Sehhat and universality of Islamic Hifz -Al Sehhat System.

Keywords: Hifz -Al Sehhat, basics and fundamentals, human nature, Islamic medicine, health and the disease.